LONDON

Dawood Ghalaieny

Cellusys®

LONDON IS ENORMOUS

It goes on forever and you are nearly biased by what airport you arrive into because there are so many. Once you get in and depending which side of town you are on there is just so much to see and do and no doubt this is one city where you will know people. The choice of food options is nothing short of endless with every ethnic culinary scene catered for in leaps and bounds.



WHERE TO EAT

Hush Mayfair

One of my favourite spots, beautiful, hidden in a Mayfair courtyard, it’s tucked away and you’ll never be able to find it – email me. I don’t want to make it too public.



Botanist Sloane Square

My local – probably one of the best cocktail bars in London, also does wonderful lunch and is busy for dinner and the bar will be always hopping.

thebotanistonsloanesquare.com



Signor Sassi

Not being a fan of Italian it's hard to have an Italian make my list but here’s one. It's great, lively with perfect service and real Italian food.

sancarlo.co.uk



WHERE TO EAT

The Ivy – all of them

Soho, Kings Road, Covent Garden – whatever – they are all generically standard and consistently good in elegant surroundings. A very safe bet for anyone with any doubt.

ivycollection.com



OXO Tower

London has its landmarks that everyone talks about, and then there are the ones you end up returning to without quite planning to. *OXO Tower* sits in both camps. Right on the South Bank, it gives you that slightly elevated view over the Thames that makes the city feel a bit more composed than it usually is. Great for a long lunch.

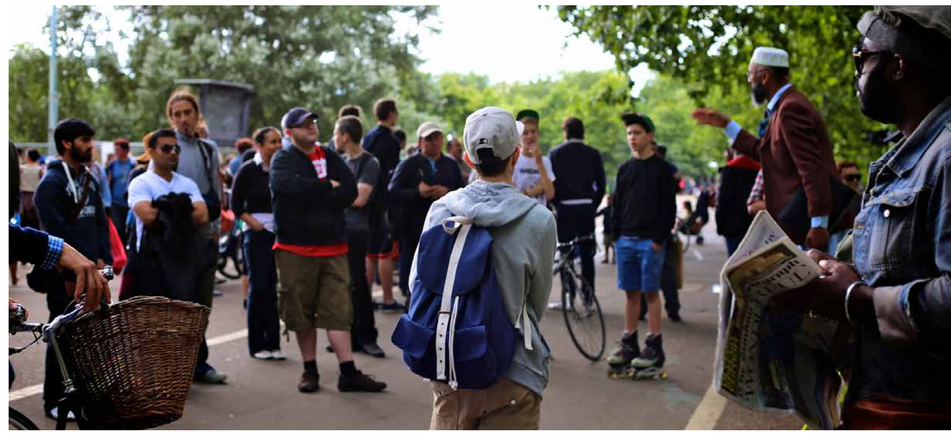
oxotower.co.uk



WHAT TO DO

There is so much, where do you start?

Speakers Corner, Hyde Park on a Sunday. An amazing experience of self expression on a podium, some whacky points of view. Good to experience!



Royal Albert Hall

If you can get tickets to any event on there it’s a really worthwhile experience and not pricey.



The museums

They are all free. Visit them all. They are all amazing. Just find where is closest to you and go.

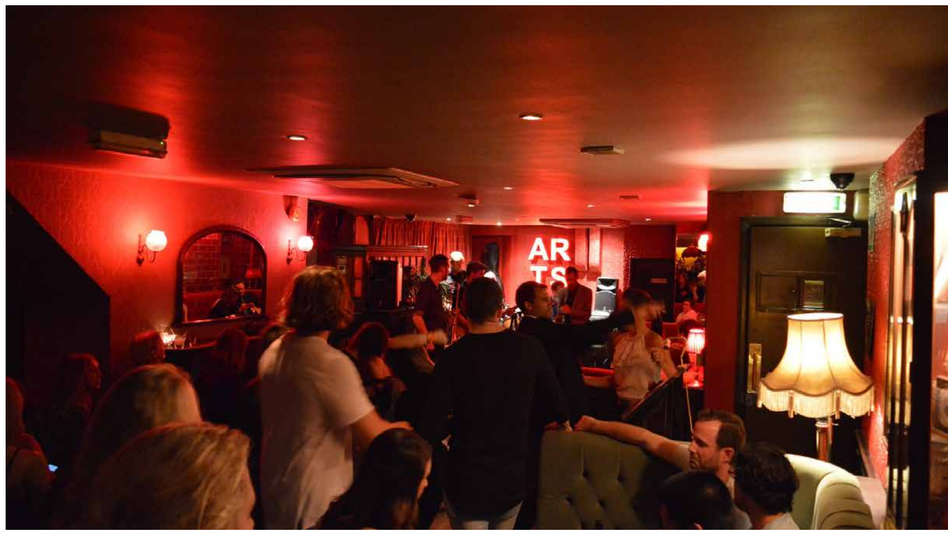


You will undoubtedly have something exceptional close to where you are so don’t even worry about ticks on a to-do list. Just find something close – it will all be rather regal and historic!



BARS & CLUBS

The Arts Theatre Club Soho



This beautiful tiny underground cocktail bar, piano bar, disco bar is a great place to end up at the end of the night with a few friends.

theartstheatreclub.com

Zebrano Soho



A post conference must attend – a very late night disco bar with a 25-35 crowd. I still haven't been there at closing. Maybe next time.

zebranolondon.com

Roadhouse Covent Garden



Very much a favourite of mine 20 years ago as much as it would be now – every night of the week – bar, restaurant/diner with live music – always good fun.

ACCOMMODATION

It's all kind of pricey. Better you don't sleep.

Cellusys©